

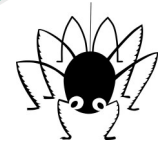
**Baa, baa
black sheep**



**If you're happy
and you know it**



**Hey diddle
diddle**



**Incy wincy
spider**



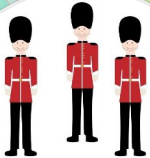
**The wheels
on the bus**



**Row, row, row
your boat**



**Twinkle,
twinkle
little star**



**The grand old
duke of York**



**I had a little
turtle**



**Miss Polly
had a dolly**



**I can sing a
rainbow**



**1,2,3,4,5 once I
caught a fish
alive**



**Hickory,
Dickory
Dock**



**5 little monkeys
jumping on the
bed**

**Lets Sing...
Which song would
you like?**

Puppets

Use your odd socks to make some fun puppets. Retell or make up stories together

Teddy Bears Picnic

Use a blanket on the floor indoors, add some soft toys and eat lunch together

Dens

Build Dens or forts using bedding, sheets and pillows

Cards

Play snap
Build a tower

Paper Aeroplanes

Design your own and see whose goes the furthest

Drawing

No paper? Use Junk mail, newspaper, inside of boxes

Party Games

Musical Bumps, Statues
Simon Says
A Dance Off

Lego Challenges

Can you build a tower? A car? A plane? A Castle? A Cake? A Spaceship? A Rainbow etc...

Threading / Jewellery making

No beads? Use cut up straws, penne pasta instead

**Lets Play...
What would you like to do?**

Pirates

Make a treasure map using crumpled paper, teabags and pens, go on a treasure hunt to find a hidden item, make a telescope using a toilet roll tube...

Musical Bands

Use items around the home to make musical instruments e.g
Pots and Pans
Rice and Bottles

I-Spy...

I spy with my little eye something beginning with / the colour...?

Dressing up

Don't have any? Have fun being silly with socks, scarves, bags, hats, jewellery

Board Games

Don't have any? Could you create your own?

Painting

No paint? Make your own

1/2 Cup Flour

1/4 Cup Salt

3/4 Cup Water

Food Colouring

No Brushes? Don't Panic Use...

Cotton Buds

Forks, Sticks

Fingers, Cars

No Paper? You could use...

Junk mail, Newspaper

More...

Pasta, Oats, Cereals, Rice,
Dried Spaghetti on a tray or
in bowl

Shaving Foam

Water Play

No tray? Use your washing up bowl. Put lots of bath towels underneath it.

Add plastic cups, bowls, spoons & ladles

Add sponges and toy animals/ cars
or dolls to wash

Playdough

No playdough? Make your own

2 Cups Flour

1 Cup Salt

1 Cup Water

Mix, Mix, Mix

No Cutters? Don't Panic Use...

Children's Cutlery & Cups

Add Animals or cars instead

Mould using only hands

Use cardboard tubes for rolling
pins

Make Gloop

2 Cups Corn flour

1 Cup Water

Mix. Gloop is both hard and can be picked up in chunks, but will turn to liquid and pour through fingers.

Lets Get Messy...
What shall we do?

Pizza

Make your own dough base, use bread rolls cut in half, a slice of bread or a wrap

Make a base using passata or tomato puree or tomato ketchup

Top with your favourite e.g
Grated cheese, ham, sweetcorn, mushroom, pepper.

Allow the child to help as much as possible with the spreading, chopping and choosing.

Melt under the grill / oven

Simple Chocolate Cakes

100grams Melted Chocolate

100grams shredded wheat / cornflakes/ rice krispies

Mix together and split into 12 cupcake cases

Refrigerate and enjoy

Egg Muffins

6 Large Eggs

Beat together

Add in your favourite omelette / quiche fillings such as bacon, cheese, tomato or onion

Separate in to a well oiled cup-cake tray

Bake in the oven until no longer runny

Cool and enjoy



Lets Cook...
What would you like to eat?

Top Tips

If you don't have the means to cook any of our ideas, allow your child to help cook/prep any of your meals that day. Always supervise around sharp or hot objects.

Encourage counting, independence, washing hands, mixing, stirring, filling, cutting etc

Fruit Kebabs

Allow child to help with chopping any fruits you have in the house. Softer fruits such as bananas and strawberries are easiest with a child's knife

Place on skewers and enjoy.

For an extra treat drizzle with chocolate