

Developing Fine Motor Skills

Fine motor skills - at Nursery children do a number of different activities to support their pencil/ brush/ pen grip and are encouraged to hold mark making implements adequately. You can also support your child's fine motor skills by letting them experiment with play dough by e.g. squeezing, pinch it, roll it into different shapes or pulling it and stretching it.



Cutting Skills - Children are also given opportunities to practise holding the scissors to cut and make snips on paper.



Fastening skills - Most children can now put their coats independently however still struggle to doing their fastenings (zipper/buttons). You can support your child by encouraging him/her in doing zippers and buttons in different kinds of clothes at home.



Links to the EYFS:-

P.D- Moving and Handling (30-50) - Draws circles using motor movements

- Uses one-handed tools and equipment, e.g. makes snips in paper with child scissors
- Holds pencil near point between first two fingers and thumb and uses it with good control
- Can copy letters, e.g. letters from their name.

P.D- Health and self-care (30-50)

- Dresses with help, e.g. puts arms into open-fronted coat or shirt when held up, pulls up own trousers and pulls up zipper.
- Once it is fastened at the bottom.

Below follows a list of activities you can do with your child to support them in developing these skills.

At the end of each week you will be receiving 'special jobs' to complete with your child. These jobs are designed to support the development of these and other skills like language development through discussion. Children enjoy sharing these activities with their peers and teachers so its completion by the children is extremely important.