

NON-SMOKING POLICY



Policy reviewed: Summer Term 2006, Spring Term 2009, Autumn 2010, Autumn 2013, Autumn 2017, Autumn 2021

Next review: Autumn Term 2025

Signed:



Non-smoking Policy

1 Introduction

- 1.1 At Cardinal Road School we believe KNOW that smoking is harmful to health, and so we strongly discourage our staff and parents from smoking and lay the foundations to prevent our pupils from smoking. Consequently, the school is a non-smoking establishment.

2 Rationale

- 2.1 Research shows that almost a quarter of all young people are regular smokers by the age of 15. Almost all adult smokers took up the habit when they were children. About 450 children a day take up the habit. Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 120,000 smokers a year die in the UK because of their smoking habit. Children can be harmed by passive smoking, i.e. by inhaling smoke from other people's cigarettes. It is known that smoking is harmful to the unborn babies of mothers who smoke. For all these reasons, our school does all it can to discourage children from smoking, and to educate them, so that they grow up to lead a healthy lifestyle.

3 Aims and objectives

- 3.1 We aim to:
- provide the children with positive role models who do not smoke
 - help children know and understand the dangers of smoking, and the harmful effects that smoking can have on their bodies;
 - provide children with the knowledge and information necessary for them to make responsible choices in relation to smoking;
 - begin to equip children with the social skills that enable them to resist the pressure to smoke, either from their peer group, or from society in general.

4 Organisation

- 4.1 We teach children about the dangers of smoking as part of their personal, social and health education (PSHE) programme. We engage them in discussions about the reasons why people start to smoke, how it can be harmful to their health, and what they themselves might do if other people encourage them to try cigarettes. The children's class teacher leads all such discussions in a sensitive manner. Our aim is to help the children make their own decision not to smoke simply because they believe it is the wrong lifestyle to choose.
- 4.2 The dangers of smoking arise as an issue in lessons in, when children learn about the way substances affect the body, e.g. when we teach them about how medicines can help the body. When such an issue arises, the class teacher deals with it in context, and answers the children's questions to the best of his/her ability, taking care to explain that smoking is dangerous, and should be avoided.

5 Staff

- 5.1 We do not allow smoking (including e – cigarettes) on the school premises as: We do not want to present smoking as acceptable. We wish to present adults as role models.

Non-smoking Policy

If any member of staff wishes to smoke, including e-cigarettes s/he must leave the school site. Should we find any member of staff smoking at school, we would consider this a serious breach of the terms of employment.

6 Parents and visitors

- 6.1** We acknowledge that many of the children's parents do smoke. However, for reasons of health and safety, we do not allow parents or visitors to smoke on school premises. Parents are asked to extinguish all cigarettes before entering the school playground when bringing or collecting their children. Parents and visitors attending functions or scheduled meetings are not allowed to smoke.

7 Contractors on site

Contractors are equally bound by the non-smoking policy. Notices are displayed in areas, which are normally frequented by staff to alert visiting contractors to this effect. It is also the responsibility of the Premises Manager to remind outside contractors of the non-smoking policy, and to monitor them whilst they are working on the premises.

6 Monitoring and review

- 6.1** It is the role of the headteacher to ensure that this policy is fully implemented. The governors review the effectiveness of this policy.