

Relationships and Sex Education Policy

Cardinal Road Infant and Nursery School



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Contents

- 1 Aims
- 2 Statutory Requirements
- 3 Policy Development
- 4 Definition
- 5 Curriculum
- 6 Delivery of RSE
- 7 Roles and Responsibilities
- 8 Parents right to withdraw
- 9 Training
- 10 Monitoring

1. Aims

The aims of relationships and sex education (RSE) at our school are to:

- › Provide a framework in which sensitive discussions can take place
- › Teach pupils the importance of health and hygiene in preparation for KS2 teaching on puberty and sexual development
- › Help pupils develop feelings of self-respect, confidence and empathy
- › Create a positive culture around issues of sexuality and relationships
- › Teach pupils the correct vocabulary to describe themselves and their bodies

RSE relates to our school's aims and values; aim high, work hard, be kind, no excuses, respect, self-belief, risk taker, explore and positivity.

2. Statutory requirements

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

However, we are **not required** to provide sex education but we do need to teach the elements of sex education contained in the science curriculum. For example growth and change and life cycles.

In teaching RSE, we must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At Cardinal Road Infant and Nursery School we teach RSE as set out in this policy.

3. Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review –the PSHCE subject lead to pull together all relevant information including relevant national and local guidance
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
3. Parent consultation – parents and any interested parties were invited to attend a meeting about the policy
4. Ratification – once amendments were made, the policy was shared with governors and ratified

4. Definition

RSE at Cardinal Road School is about the emotional, social and cultural development of pupils, and involves learning about relationships, healthy lifestyles, diversity and personal identity. Sex education does **not** take place within an Infant school.

RSE involves a combination of sharing information, and exploring issues and our school values, respect, self-belief, risk taker, explore and positivity.

RSE is **not** about the promotion of sexual activity.

5. Curriculum

Our curriculum coverage is set out as per Appendix 1 – Skills and Knowledge grid, but we may need to adapt it as and when necessary.

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

Primary sex education will include the following by the end of Key Stage 2.

- Preparing boys and girls for the changes that adolescence brings
- How a baby is conceived and born

For more information about our curriculum, see our curriculum map in Appendix 1.

6. Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

At Cardinal Road we believe, it is ok to be different and everyone is unique.

7. Roles and responsibilities

7.1 The governing board

The governing board will approve the RSE policy, and hold the headteacher to account for its implementation.

7.2 The headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school.

7.3 Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher and PSHCE Lead.

7.4 Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

8. Parents' right to withdraw

Parents **do not** have the right to withdraw their children from relationships education.

At our Infant School we **do not** teach sex education and so parents do not have the right to withdraw from our RSE curriculum.

9. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher and PSHCE lead will also invite visitors from outside the school, such as school nurses or other professionals, to provide support and training to staff teaching RSE.

10. Monitoring arrangements

The delivery of RSE is monitored by PSHCE Lead through lesson observations, learning walks and planning scrutinies.

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems. Which are monitored by the PSHCE Lead.

This policy will be reviewed by the PSHCE Lead, every 2 years; the policy will be approved by the governing body and the headteacher.