





Upper Site

Year 5

Parent Meeting

**Date: 23rd September
2026**

The Yr 5 Team

Year 4, 5 and 6 Leader: Mrs Seevakreedam

Carnation - 5C: Mr A Farmer

Marigold - 5M: Ms R Soliman

Lilac: Mr D Tavey

Learning Support Assistants: Mrs Hendricks and
Mrs Karthikeyan

Behaviour & Expectations

At Cardinal Primary School, we have **high expectations for all pupils**. We want every child to feel **safe, valued and respected**, and to be able to learn in a calm and supportive environment.

Positive behaviour is recognised and celebrated through verbal praise, communication with parents/carers, Star of the Week, house points and half-termly rewards.

Working together

We ask parents and carers to support the school's behaviour expectations at home, discuss concerns promptly with the class teacher and work in partnership with us to help children succeed.



Expectations & Working Together

We expect our pupils to:

Respect – Be polite, kind and thoughtful; show respect to adults, other pupils, our school and its property.

Resilience – Keep trying, respond positively to support and develop positive attitudes towards learning.

Responsibility – Make positive choices, follow school routines, wear the correct uniform and take responsibility for their actions.

Curiosity – Focus on learning, contribute positively to class discussions and be ready to learn.

Community – Build positive relationships, cooperate with others and behave positively in school, on trips and online.

Working Together

Please follow the steps below if you have a concern. This helps the school address the matter fairly and work together towards a positive resolution.

1

Class Teacher

Your first point of contact should be your child's class teacher.

You can contact the class teacher by:

- speaking to them at the door
- emailing the class teacher via the school office
- requesting a meeting via the school office

2

Phase Leader (Mrs Seevakreedam)

If the concern is not resolved, please contact the Year 4–6 Phase Leader – Mrs Seevakreedam.

She will look into the concern and work with the class teacher to find a solution.

3

Deputy Headteacher or Headteacher

If the concern remains unresolved, please contact the Deputy Headteacher or Headteacher.

They will review the situation and decide on any further steps.

4

Chair of Governors

If you are still not satisfied, you can contact the Chair of Governors.

They will consider your concern following the school's complaints procedure.

Respect

Resilience

Responsibility

Curiosity

Community

Mobile Phones & Smart Devices

Pupils in **Years 5 and 6** who walk to and from school independently may bring a mobile phone for use on their journey.

As soon as pupils arrive at the school gates, phones must be switched off and, on arrival at the classroom, **handed in and stored securely in the safe for the duration of the school day.**

Smartwatches and other electronic devices should not be brought to school or worn during the school day. This helps us keep pupils safe, focused and ready to learn.

Working Together to Keep Our Pupils Safe Online

Support • Guide • Talk • Stay Alert



The internet is an amazing place for children to learn, be creative and stay in touch, but it can also have risks. By working together, we can help all our pupils stay safe online.



Know What They're Doing

- Take an interest in the websites, apps and games your child uses.
- Know who they are talking to online.
- Check age ratings and content before they use new apps or games.
- Use parental controls and privacy settings.
- Encourage them to talk to you if they see or hear something that worries them.



Talk Openly

- Have regular, honest conversations about their online activity.
- Listen without judgement.
- Remind them to be kind and respectful online, just as they are in school.
- Let them know they can always come to you or a trusted adult if they feel uncomfortable.
- Reassure them that it's okay to make a mistake – what matters is that they tell someone.



Keep Them Safe

- Remind them not to share personal information (name, address, school, photos).
- Talk about the importance of strong passwords.
- Check and adjust privacy settings on apps, games and social media.
- Be aware of the age restrictions for platforms.
- Report and block anything that is harmful or inappropriate.



Small conversations can make a big difference.

Let's work together to keep our pupils safe online.



Be Kind

Be Respectful

Be Safe

Be Smart Online

Supporting Safe & Healthy Online Habits

Balance • Wellbeing • Positive Choices • Support



Set Boundaries

- Agree screen time limits that work for your family.
- Keep devices in shared family spaces where possible (e.g. not in bedrooms overnight).
- Encourage a healthy balance between time online and offline activities.
- Model positive digital habits yourself.



Spot the Signs

- Look out for changes in behaviour, mood, sleep or appetite.
- They may seem worried, anxious or withdrawn.
- Be alert to signs of upset after being online.
- If you notice anything that concerns you, speak to the school as soon as possible so we can support your child.



Be Kind, Be Safe, Be Smart Online

- Treat others with kindness and respect.
- Think before you click, post or share.
- Remember that not everything online is true.
- Always tell a trusted adult if something makes you feel uncomfortable.



When to Speak to School

Please contact the school if:

- You are concerned about your child's online activity or wellbeing.
- Something has happened online that has upset your child.
- You need advice or support with online safety.
- You are unsure about an app, game or website.



**Together we can make a safer, kinder
online world for our children.**



Attendance and Punctuality

Regular attendance and punctuality are very important and we will work with parents to instill good habits.

For children to gain maximum benefit from school it is essential not only that they attend every day, but that they are in good time to listen to the instructions for the day.

Getting your child to school on time really matters.

Did you know...

If in a school year your child is late everyday...	your child would have lost approximately...	or they would have missed approximately...
5 minutes	3.5 days from school	20 lessons
10 minutes	7 days from school	41 lessons
15 minutes	10 days from school	55 lessons
20 minutes	14.5 days from school	82 lessons
30 minutes	22 days from school	123 lessons

You should not take your child on holiday during term time.
Please encourage punctuality to maintain school attendance.
Remember Absence = Lost Opportunity

Medical Information & Keeping Us Updated

To help us **keep your child safe and provide the right support**, it is important that the information we hold is accurate and up to date.

Medical Information

Please let the school know about any **medical conditions, allergies or changes to your child's health**. If your child requires medication in school, please ensure that the office has the correct medication and all required information.

Contact & Collection Details

Please inform the school office promptly if there are any changes to your:

- Phone numbers
- Email address
- Emergency contacts
- Home address
- Collection arrangements or permissions

Please don't wait until we need to contact you — keeping your details up to date helps us keep your child safe.

Gate Opening and Closure

Time	Event
8.45	Open
8.55	Close
3.15	Open
3.25	Close

End of School Day Arrangements

To keep all pupils safe, please follow our end-of-day collection procedures. **Pupils in Years 5 and 6 may walk home independently if the school has received signed parental/guardian consent.**

If someone different will regularly collect your child, including an **older sibling who attends secondary school**, written permission must be provided. **Pupils cannot be collected by a sibling who attends Cardinal Primary School, including pupils in Years 4–6.** For one-off changes to collection arrangements, or if you are going to be late, please inform the school office as soon as possible.

The School Day

Time	Event
8.45 – 9.00	Registration
9.00 – 11.00	Morning Lessons
11.00 – 11.15	Break time
11.15 – 12.15	Morning Lessons
12.15 – 1.15	Lunchtime
1.15 – 3.15	Afternoon Lessons
3.15	Home time

Break-time and Lunchtime

Water Bottles

- Please ensure your child brings a water bottle to school each day.
- Please ensure water bottles have your child's name on them.

Break-times

- Send in a piece of fruit, vegetable or yogurt to eat during the morning break.

Lunchtimes

- All children are entitled to a Free School Meal
- Hot school meal cooked at school or packed lunch and drink.
- STIR will be the caterers and the meals can be booked through the gateway app
- Healthy eating – we would like to see well-balanced and nutritious packed lunches

Food allergies

- Please ensure there are no nuts in the packed lunches.



Uniform

We are proud of our school and insist the children wear a school uniform and this is as follows:

- A maroon sweatshirt or cardigan with the Cardinal Primary School logo - this can be purchased via Sanco in Hounslow.
- Grey trousers, shorts or skirt.
- Pale blue or white polo shirt

Summer - as above.

- A blue and white checked dress.

Other:

- Jeans, leggings, tracksuits and platform, high-heeled or backless shoes should not be worn to school.
- There is no need to wear make-up to school, and for safety reasons, false nails should not be worn.
- Children can use a school bag of their choice.

Uniform

Jewellery

- Please do not send your child to school wearing jewellery unless it is for religious reasons. If your child has pierced ears then they should only wear small studs.
- For safety reasons, children must not wear jewellery during PE lessons, unless for religious reasons when it should be covered.

All school uniform and PE kit should be clearly named.

PE

PE for Year 5 is on a Monday and a Wednesday

Pupils should bring their PE kit in a drawstring bag and change into it at school.

This should be at school already. If you would like to wash it weekly, it will need to go home on a Friday and return on a Monday.

PE Kit

Pupils will need:

- A white T-shirt
- Burgundy or black shorts, or black tracksuit bottoms
– no leggings please
- White or black trainers
- Plain black hoodie or jumper

Please ensure that PE clothing has no logos or highly visible branding.



Yr5 Swimming

Year 5 Swimming

As part of the Year 5 PE curriculum, pupils will take part in **weekly swimming lessons every Tuesday afternoon.**

This term, **Carnation Class with Mr Farmer** will attend swimming lessons.

In the **Summer Term, Marigold Class with Ms Soliman** will have their swimming lessons.

Further information regarding swimming arrangements, including what pupils will need to bring, **can be found in the letters that have been handed out to Carnation Class.**

The Curriculum

- Throughout the week, the children will have:

Mathematics, Spellings, Reading, Writing, Personal, Social, Health and Economic Education (PSHE) as well as Physical Education (PE).

- Over the term, they will have:

- Science
- History
- Geography
- Religious Education
- Art and Design
- Design and Technology
- French
- Music
- Computing

Intervention groups happen throughout the day, including during registration.





**Cardinal
Primary School**
Explore Learn Grow Belong



Inspire a love of reading. Find your voice. Make a difference.

The Hearts and Minds Curriculum

English

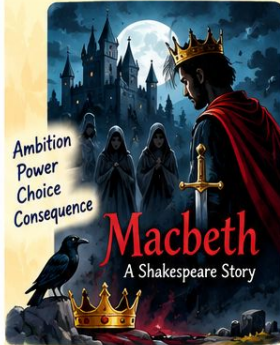
Curiosity
Respect
Resilience
Responsibility
Community

Big
Questions
Brighter
Futures!



Macbeth

A Shakespeare Story



Reading

- Read and explore Macbeth – A Shakespeare Story
- Answer questions about the text

Writing

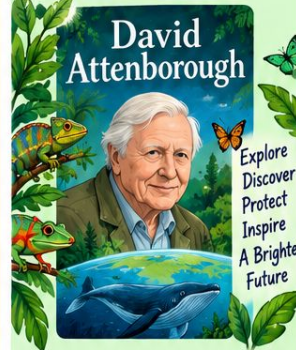
- Write a narrative based on Macbeth

Classic stories
inspire bold
thinkers!



Writing Unit Only

Non-Fiction – Biography
David Attenborough



Writing

- Write a biography about David Attenborough



Knowledge today.
Brighter tomorrows. ♥

The Explorer

by Katherine Rundell



Reading

- Read and explore The Explorer by Katherine Rundell
- Answer questions about the text

Writing

- Write a narrative based on The Explorer

Explore
the world through
reading and writing!



Respect | Resilience | Responsibility | Curiosity | Community



**Cardinal
Primary School**
Explore Learn Grow Belong

Following the
White Rose Maths
Scheme

Maths

Year 5 - Autumn Term

The Hearts and Minds Curriculum

Curiosity

Respect

Resilience

Responsibility

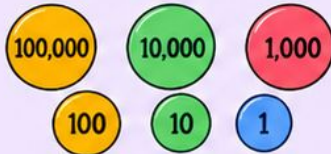
Community

Big
Questions
Brighter
Futures!

Problem
Solve
Reason
Explain
Make
Connections

Place Value

We will explore numbers up to 1,000,000, understanding their value, reading, writing, comparing, ordering and rounding them.



672,395



Read
Write
Compare
Order
Round

Addition & Subtraction

We will use efficient mental and written methods to add and subtract numbers with more than 4 digits, including using estimation and inverse operations to check our answers.

We will solve multi-step problems.

		1			
4	8	7	2	5	
+	3	6	4	9	8
	8	5	2	2	3

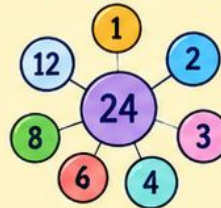
Estimate
Check
Solve

Add
Subtract
Estimate
Check
Solve problems

Multiplication & Division

We will explore multiples and factors, including common multiples and common factors.

We will learn about prime, square and cube numbers and multiply and divide by 10, 100 and 1,000. We will solve problems using these skills.



× 10
× 100
× 1,000
÷ 10
÷ 100
÷ 1,000

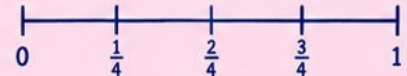
Multiples
Factors
Prime, square and cube numbers
Multiply and divide
Solve problems

Fractions

We will explore equivalent fractions, improper fractions and mixed numbers. We will compare and order fractions, and add and subtract fractions (including mixed numbers).



$$\frac{3}{4} = \frac{6}{8}$$



$$1\frac{2}{3} = \frac{5}{3}$$

Compare
Order
Add and subtract
Equivalent fractions
Solve problems

Confident Learners
Brighter Futures

Knowledge today. Brighter tomorrows.

Mathematicians

Problem Solvers

Creative Thinkers

Resilient Learners



**Cardinal
Primary School**

Explore Learn Grow Belong

Year 5

Autumn 1

The Hearts and Minds Curriculum

Big
Questions
Brighter
Futures!

Curiosity
Respect
Resilience
Responsibility
Community

History

Tudors



Art

Drawing: Depth,
emotion and
movement



Explore
Learn
Grow
Belong

Year 5

Autumn 2

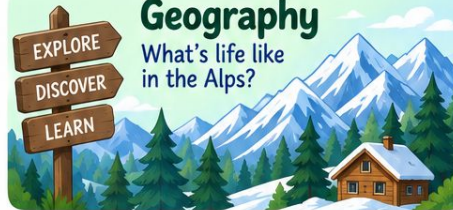
The Hearts and Minds Curriculum

Big
Questions
Brighter
Futures!

Curiosity
Respect
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Community

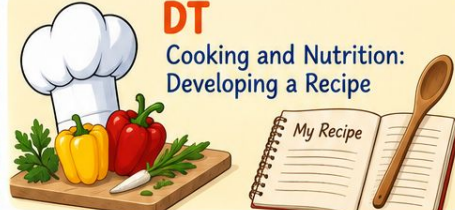
Geography

What's life like
in the Alps?



DT

Cooking and Nutrition:
Developing a Recipe



Science

Materials: Mixture
Separation



Computing

Databases



Science

Materials: properties
and Changes



Music

Unlocking Vocal
Potential



Sing
Create
Perform
Be inspired!

PE

OAA
(Outdoor Adventurous
Activities)



PSHE

Being me in my world

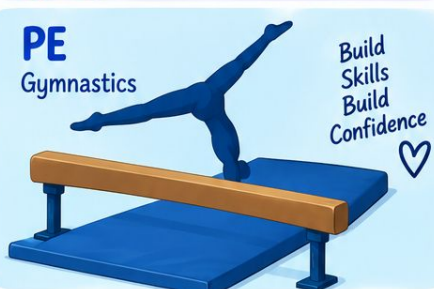
2Be Safe Units
Managing online



PE

Gymnastics

Build
Skills
Build
Confidence



PSHE

Celebrating difference

2Be Safe Units
Managing online



Respect
Kindness
Inclusion



RE

How far would a Sikh
go for his/her religion?



Curious Learners
Brighter Futures

RE

Is the Christmas
story true?



Think
Explore
Respect
Together

The Hearts and Minds Curriculum

The Hearts and Minds Curriculum

Knowledge today.
Brighter futures.

Homework and Reading



- Mathematics and English Homework is set on a Wednesday and due in on a Monday.
- This will be completed in their homework books.
- Homework will be linked to what they have been learning.
- During the school day, the homework will be marked and pupils can ask questions about the homework.
- Homework will be acknowledged by the teacher.
- Projects related to the new topic are sometimes set before or during a topic.
- Spellings are set on a Monday for the week and are tested on a Friday.

Read Together Every Day

EXPLORE
IMAGINE
LEARN
GROW
BELONG

Small moments make a big difference!

In all year groups, we encourage children to be **reading at home every day.**

Sharing a book together with your child gives you the opportunity to escape into another world with your child. ♥

Reading for pleasure will help develop your child's:

- ♥ Vocabulary
- ♥ Communication
- ♥ Empathy
- ♥ Imagination
- ♥ Concentration

Good Books Brighter Futures ♥

A Brighter World Together ♥

READ DREAM LEARN ACHIEVE ♥

KINDNESS
CONFIDENCE
CURIOSITY
SUCCESS

We advise that all children read for at least **10 – 20 minutes a day.**

Once a child is reading independently, they still need to be able to retell their texts and answer questions about what they are reading.

Can you tell me what happened?

Reading for just **20 minutes a day = 1.8 million words a year!**

Read
Discover
Dream
Achieve

Today a reader...
Tomorrow a leader! ♥

GOOD IDEAS START WITH A BOOK

Reading Changes Lives ♥

Reading Records

Every child is provided with a Reading Record book to record what they have been reading. It also provides an opportunity for parents/carers to comment on their child's reading.

Please ensure that you sign or add a comment daily.

The class teacher will sign this weekly.

Any Questions?

